

Prayer Requests

February 1, 2026

Short Term

Arlene Brantley • Claire Crouch • Trudy and Craig Emerick • Sarah Hill (sister of Maryam Mathis)

Long Term

Family of Pat Bagnall • Family of Kathryn Bohnsack (mother of Kim Brannon) • Family of Arlene Brantley • Fred Christen • Family of Jean Crow (Mother of Jean Anne Cheatham) • Bob Dakin (Brother-in-law of Dick Glockner) • Family of Lawrence Erickson • Family of Carol French • Family of Jean Glockner and Brent Glockner (son of Dick Glockner) • Family of Chase Griffith • Jean Hall (mother of Kim Wooldridge) • The Hearne Family • Heather (daughter of Karen and Martin Cude) • Tom Hogue (relative of Frances Gannon) • Family of Marjorie Hopkins • Charles Hosch and family • Family of Andrea Kent (sister of Tammi Hopkins) • Family of Pat Koskinen • Caroline Krueger (Daughter-in-law of Kathy and Art Krueger) • Sandy Ladewig • Kellyanne Lytal (family of Arlene Brantley) • Laura Miller • Matthew Nierling (son of Philippa Nierling) • Family of Terry Palacios • Family of Mark and Ann Parker • Family of Gladys Pully • Family of Rev. Thomas Q. Robbins • Wesley Sander (grandson of Kelli Sander) • Family of Deborah Simmons' sister, Cindy • Family of Mike Sorrells • Family of Faye Storey • Family of John Earl Taylor • Family of Melinda Wiley • Family of Aletheia Wren Wiley-Jimenez • Amy Williams (daughter of Linda Voekel)

Continued prayers for those that wish to remain anonymous or have an unspoken need.

Let us know how we can pray for you.

Name: _____

Email: _____

Phone: _____

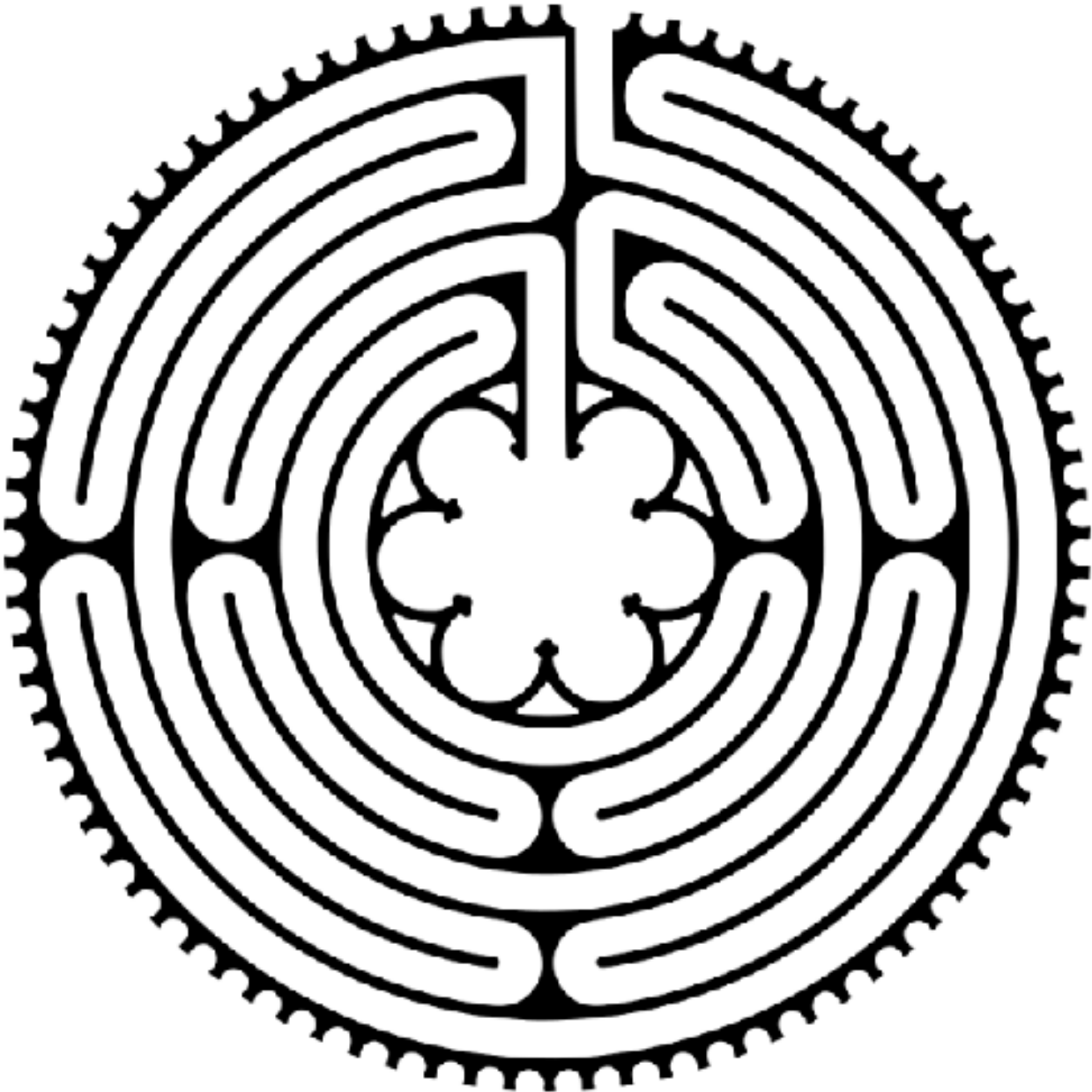
Prayer need: _____

Prayer requests and prayer lists can be found online at upumc.org/prayer or through the QR code found here.



Would you like your name to be added to the church wide prayer list? Yes ☐ No ☐ Short term ☐
Would you like a pastor to contact you? Yes ☐ No ☐ Long term ☐

Finger Labyrinth
Name your worry
Center your thoughts
Give your burdens to God



- Place your finger on the outside entrance of the labyrinth and trace its inward journey to the center of the maze. As you move toward the center, quiet your mind. Allow yourself to confront your innermost worries and fears. Begin naming them to God, who is walking alongside you as a guide and companion.
- You have reached the center of the labyrinth pattern. You may arrive with an insight, or feel a sense of peace or joy at completing your journey in. This is a time to receive whatever God has for you. Take the time to stop and pray, expressing what is on your heart.
- Keeping your finger on the pattern, begin moving away from the center back towards the entrance. Reflect on your experience and prepare to go back into your day. Take a greater awareness of God's presence with you.