

Good Friday

Today is a somber day, the day in which Jesus' heavy burden is fully laid upon him. Our journey with Jesus seems to come to an end. Today is Good Friday, a day to remember the crucifixion of our Lord Jesus Christ. We read the crucifixion story; and although it's difficult, we force ourselves to acknowledge the pain and suffering Jesus endured.

READ: Matthew 27:1-56

REFLECT: Good Friday is a dark day for Jesus' followers, a day in which hope is lost, a day that they did not think was possible. Just the night before, they ate dinner together; they were certain the prophecy was fulfilled and the King would soon take his rightful place. And in just one day, all of their hopes for the future were gone. Imagine the pain, fear, and uncertainty the disciples felt as they watched the horror of Jesus' crucifixion and death. Reflect on the fact that Jesus endured this suffering for you... for us. We are left to grieve. What in your life feels dead and without hope to you today? What death are you grieving?

PRAY: God, you who died upon the cross to suffer for us, you are a God who dwells with us to suffer with us; and in your suffering, we find hope. Because of your suffering, a new world is breaking into ours. May we live this day in the knowledge of your pain. May we live this day in the assurance of your love. May we live this day in the hope of the resurrection. This day. Today. Amen.