

November 16, 2025

Short Term

Jay and Sidney Arthur • Arlene Brantley • Sharon Bennett • Dan Brantley • Fred Christen • Claire Crouch • Sarah Hill (sister of Maryam Mathis) • Heather (daughter of Karen and Martin Cude) • Hunter, the Allen Family, Jimmy (friends of Cindy Flint) • Charles Hosch • Son of Darlene Irwin • Caroline Krueger (Daughter-in-law of Kathy and Art Krueger) • Kellyanne Lytal and Family (Family of Arlene Brantley) • Greg Sander • Wesley Sander (grandson of Kelli Sander) • Sharon Strother • Dick Taylor • Crystal Vines • Wyoma & Shyann (friends of

Long Term

Family of Ryan Reed Albers • Family of Pat Bagnall • Stephen Barton (son of Mike Barton) • Family of Kathryn Bohnsack (mother of Kim Brannon) • Family of Arlene Brantley • Family of Eunice Bruhjell (sister of Pat Koskenin) • Family of David Campbell • Kenny Emery (brother of Randy Emery) • Family of Jean Glockner and Brent Glockner (son of Dick Glockner) • Family of Chase Griffith • Jean Hall (mother of Kim Wooldridge) • The Hearne Family • Tom Hogue (relative of Frances Gannon) • Chris Hopkins (son of Marjorie Hopkins) • Family of Marjorie Hopkins • Ellen Jackson (niece of Julie McKain) • Andrea Kent (sister of Tammi Hopkins) • Eleanor Knott (daughter of Maryam Mathis) • Sandy Ladewig • Laura Miller • Missionaries around the world • Family of Terry Palacios • Family of Mark and Ann Parker • Family of Deborah Simmons' sister, Cindy • Family of Faye Storey • Family of John Earl Taylor • Family of Aletheia Wren Wiley-Jimenez • Amy Williams (daughter of Linda Voekel) • Family of Carrie Woodard, sister of Savannah McClure • Family of Martha Woodard (mother of Savannah McClure) • Family of Sammie Woolum • Texas flood victims and those helping with the relief and recover efforts

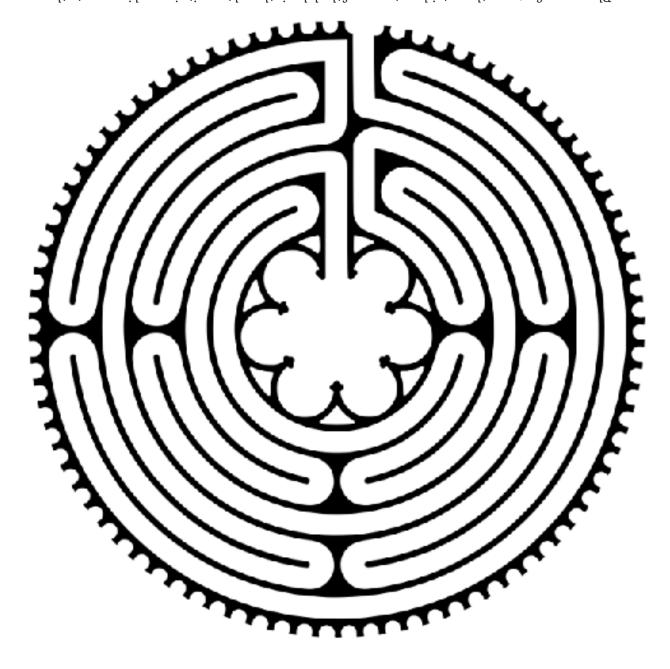
Continued prayers for those that wish to remain anonymous or have an unspoken need.

prayer lists can be found online at upumc.org/prayer or through the QR code found here.	
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Center your thoughts

Local and work your burdens to God



- Place your finger on the outside entrance of the labyrinth and trace its inward journey to the center of the maze. As you move toward the center, quiet your mind. Allow yourself to confront your innermost worries and fears. Begin naming them to God, who is walking alongside from as a guide and companion.
- You have reached the center of the labyrinth pattern. You may arrive with an insight, or feel a sense of peace or joy at completing your journey in. This is a time to receive whatever God has for you. Take the time to stop and pray, expressing what is on your heart.
- Keeping your finger on the pattern, begin moving away from the center back towards the entrance. Reflect on your experience and prepare to go back into your day. Take a greater awareness of God's presence with you.