

# In worship, our actions speak louder than our words

By Leslie Blum



We are all worshippers. It's what we were made to do. Even people who don't choose to worship the Creator still worship – they just exchange it for something God has created.

Worship is about value – our response to what we value most. It's about saying "this person, this thing, this experience, is what matters most to me!" It might be a relationship, or a dream, or status, or something you own. It could be a job or some kind of pleasure.

Whatever name you put on it,

this "thing" is what you've concluded in your heart is worth most to you. And whatever is worth most to you is – you guessed it – what you worship.

Worship fuels our actions, becoming the driving force of all that we do. It's not just Christians. Every person on the face of this

earth proclaims with every breath what *it* is that is worthy of their affection, attention and allegiance.

Most of us in attendance at a church service would say that we worship God. Others, who are not in services, or who would rarely darken the doors of the church

See "Worship," page 4

## Celebration marks 70 years of UPUMC

Come join us as we celebrate "Our Past, Our Present and Our Future" at UPUMC's 70th anniversary celebration Sunday, Nov. 22.

Breakfast will be served from 8:45-10:30 a.m. Historical artifacts will be on display, and a continuous slideshow will display images of UPUMC life. A combined worship service will follow. The service will be from 10:45 a.m. to noon.

Tickets for the breakfast are \$5 for adults and \$3 for children. Tickets will be sold in the Welcome Center and the Children's Welcome Center beginning Sunday, Nov. 1. We hope you will be able to celebrate with your church family on this special day. Please purchase your tickets by Nov. 15.

## PUMPKIN PARTY



Shannon Jenkins was among the UPUMC young adults carving pumpkins at a 'Bring Your Own Pumpkin' party. The group donated these carved creations to the C.C. Young Retirement Community.

## 'Five for Fifty' campaign lifts up college students

By Blair Thompson

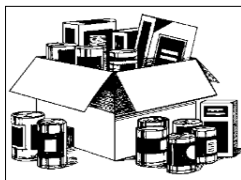


The Cheer Squad, a UPUMC ministry that reaches out to college students, invites you to participate in the "Five for Fifty" campaign by donating \$5 to purchase a gift certificate for one of our

50 college students.

On Sunday, Nov. 8, look for the Cheer Squad at a table near the Welcome Center and join the "Five for Fifty" campaign. The Cheer Squad will send each gift certificate in a personalized card with a special prayer for students to receive when they return from Thanksgiving break and face final exams. We want our students to know that we care about them and pray for them.

See "Five for Fifty," page 5



Thanksgiving food drive sets goal of 70 meals

5A



Grief support group begins in November

4A

### IN WORSHIP NOV. 1, 2009

Traditional, 8:45 and 11 a.m.  
"Healing the Broken," Luke 4:16-21  
the Rev. Larry Ravert

The Bridge, 11 a.m.  
"Saint Someday"  
John 11:1-45  
the Rev. Rebecca Frank

### IN WORSHIP NOV. 8, 2009

Traditional, 8:45 and 11 a.m.  
"Givers, Takers, Meaning-Makers"  
Mark 12:38-44 and Psalm 146  
the Rev. Rebecca Frank

The Bridge, 11 a.m.  
"Church: Is It What We Really Need?"  
Matthew 16:13-20  
Jeff McCormick, preaching

## PAVING THE WAY



After days of rain, the weather cooperated long enough for workers to start pouring concrete for the new parking lot.

## Join us this Sunday as we honor those who have passed on

Our congregation will observe All Saints Sunday on Nov. 1 in all worship services.

This is a time when we come together to remember and celebrate the lives of members who have died in the past year.

Roses will be placed in the sanctuary in memory of and thanksgiving for those lives.

Those saints of our fellowship we remember this year are:

Ruth Bain  
Max Cole  
Ruth Cooper  
Mary Cox  
Robert Daniel  
Bernard Fulton  
Adeline Grant  
Mary Hayes  
Evelyn Herzinger  
David Kennington  
Jim Lucado

Anna Morris  
Margaret Patterson  
Thelma Reynolds  
Casey Schumacher  
Eddie Self  
Ed Slaughter  
Bonnie Sneed  
Doyle Stacy  
Barbara Turner  
Otis Willingham

## Support group helps with grief during holidays



Hope for the Holidays is a six-week grief support group offered by UPUMC. The group will meet on Tuesdays at 6:30-7:30 p.m. from Nov. 3-Dec. 15 (no meeting on Nov. 24).

We will focus on the stages of grief experienced through the

loss, move or death of someone close to you. Both the psychological and spiritual needs of those experiencing grief will be shared. There will be lectures, discussion and opportunities for sharing within the group.

Carolyn Hubbard, a UPUMC member, will be the group facilitator. Carolyn holds a master's degree from Southwestern Baptist

Theological Seminary as well as a master's and Ph.D. work in clinical psychology from Fielding Graduate University. She has a full year of Clinical Pastoral Education from Baylor University Medical Center in Dallas and served her internship and residency at the Pastoral Counseling and Education Center in Dallas.

She has been in private prac-

tice since 1980 and is a licensed professional counselor and a licensed marriage and family therapist.

There is no charge for this group, but registration is requested. Register online at [upumc.org](http://upumc.org) or in the Welcome Center. For more information, contact the Rev. Dick Wilson at [dwilson@upumc.org](mailto:dwilson@upumc.org).

## WORSHIP

Continued from page 1

would say worship isn't a part of their lives because they aren't religious. But everyone has an altar and every altar has a throne.

How can you tell what you are worshipping? It's easy — follow the trail of your time, your affection, your energy, your money, and your allegiance. At the end of the trail is a throne and on that throne is what you worship.

Most of us would not say we worship our stuff, our job, that special him or her, or ourselves. We may say we value this or that over any other, but our actions speak louder than our words. The bottom line is that our worship is more about what we do than what we say. It's a way of life.

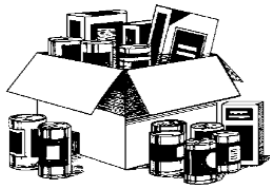
*Leslie Blum is the worship leader of The Bridge at University Park UMC. This devotional is the first in a series that explores the meaning and role of worship in our lives.*

## SHARING AT THE FIESTA



Missionary JoAn Dwyer talks to those gathered to learn more about past and upcoming missions in Guatemala during a fiesta lunch at the church in October.

## Donations needed for Thanksgiving food drive



Children's Sunday School classes are celebrating UPUMC's 70th anniversary by collecting non-perishable food items to make 70 Thanksgiving dinner baskets to donate to Methodism's Breadbasket.

The children have a goal of collecting 70 of the following items: Cornbread mixes, boxes of stuffing, gravy packets, instant or canned potatoes, canned green beans, canned corn, canned cranberry sauce, and boxes of cake or brownie mix.

Please help support this mission by placing donations in the boxes in the Welcome Center by Sunday, Nov. 22. For more information, contact the Rev. Rachel Baughman at [rbaughman@upumc.org](mailto:rbaughman@upumc.org).

## Defibrillators save lives in emergencies

UPUMC has purchased three automated external defibrillators, or AEDs, for emergency use at the church and Weekday School. These AEDs can be used on both adults and children.

One unit will be located near the children's wing. The other two will be positioned to be accessed quickly from the sanctuary, church parlor or Fellowship Hall.

Each unit costs about \$1,600. If you would like to help underwrite the cost of this equipment, please contact the church business office at 214.368.1435.

## Ramsey course instructs youth in money matters

Every day, our youth are bombarded with a million different voices telling them who they are and measuring their worth by what they have. Help them learn to make financial choices consistent with Christian values by participating in a Cooper School course designed for those in grades 7-12.

Generation Change, a four-week course from the Dave Ramsey Financial Peace University, will show young people what it means to be in control of their money and credit. Each participant will receive a workbook and T-shirt for Generation Change.

The course, led by Dan Brantley, begins this Sunday, Nov. 1. It will be offered from 4:30-6 p.m. Sundays through Nov. 22. To learn more, contact Neil Moseley at [nmoseley@upumc.org](mailto:nmoseley@upumc.org).

## Register by Sunday for human sexuality workshop

Children's Ministry will present a human sexuality workshop for youngsters in fifth-seventh grades on Nov. 19-21.

This workshop is not limited to UPUMC members. Please share this opportunity with family members, friends and neighbors.

We will discuss anatomy, sexuality, conception, contraception, dating, peer pressure, and Christian decision-making.

The program is a wonderful supplement to school health programs, and the parent sessions advise on how to talk with kids about these sensitive issues.

The workshop is led by Laura Atterstrom, a licensed professional counselor and a marriage and family counselor. Laura is a member of St. Andrew UMC in Plano and a certified facilitator for the *Created By God* curriculum we will be using.

The cost is \$35 and the deadline for registration is Nov. 1. Please contact Jessica Nelson at [jnelson@upumc.org](mailto:jnelson@upumc.org) or 972.839.7376 for details. Schedules and registration forms are available in the Children's Welcome Center.

## Children will meet for BIG Time on Nov. 8



It's almost that time again - BIG Time!

The next BIG Time, a youth-led time of activity and worship for

children, will be from 6-7 p.m. on Sunday, Nov. 8.

Immediately after children's choir practices that Sunday, the youth leaders will escort participants to the Youth Center for 20 minutes of guided activities and fun. They will eat a snack supper and then move to the worship area of the Youth Center for songs, prayer time, and a brief message given by one of the youth.

For more information, contact Neil Moseley, minister to youth and families, at [nmoseley@upumc.org](mailto:nmoseley@upumc.org).



Youngsters work on a project during activity time at October's BIG Time gathering.

## FIVE FOR FIFTY

Continued from page 1

When you donate \$5, you will receive the name of one of our students and a special prayer to take home. You're invited to lift that student up in prayer as the year continues.

Even if you can't donate, please stop by the table and pick up a prayer. Whether they are near or far from home, may our college students feel the embrace of our congregation.

*Blair Thompson is director of Young Adult Ministries at University Park UMC.*



Daylight savings ends this weekend.

Remember to set your clocks back before going to bed Saturday evening.

**Parenting series**

*What to Do With the Generations at Thanksgiving* is the topic of the next class in the Parenting in Today's World series led by the Rev. Andy Stoker, Ph.D. The class is from 6-7:30 p.m. on Wednesday, Nov. 4, with dinner and fellowship from 5-6 p.m. in the Youth Center. Children's Bible studies will be held the same time as the adult study, and childcare is available for those two and under so bring the whole family! The series is every first Wednesday of the month. Register online at [upumc.org/cooper](http://upumc.org/cooper) or contact the Rev. Rachel Baughman at [rbaughman@upumc.org](mailto:rbaughman@upumc.org) to learn more.

**Annual pecan sale begins Nov. 8**

The annual pecan sale benefitting Methodist Dallas Medical Center will begin Sunday, Nov. 8. Pecans will be sold in the Welcome Center before and after the Sunday School hour and after the 11 a.m. worship services each Sunday through Dec. 20 (except for Nov. 22). Order forms are available in the Welcome Center. Call Karen Cude at 214.942.2833 to learn more.

**Don't miss Evening Under the Stars**

UPUMC supports Wesley-Rankin Community Center's long history of ministry in west Dallas. Don't miss the Wesley-Rankin *Evening*

*Under the Stars* benefit on Saturday, Nov. 14. For tickets, contact Dana Harkey at [dana-harkey@gmail.com](mailto:dana-harkey@gmail.com) or at 214.739.3494. For more information, contact Nathaniel O'Dell at [nathaniel@wesleyrankin.org](mailto:nathaniel@wesleyrankin.org) or 214.742.6674, ext. 101.

**Share your news and photos in UP Word**

We welcome your church news and photos for UP Word. Please submit your information no later than Nov. 6 to be published in the Nov. 13 issue. News and photos submitted for UP Word also may be featured at [upumc.org](http://upumc.org). E-mail materials to Carolyn Washburn at [cwashburn@upumc.org](mailto:cwashburn@upumc.org).

**EXPLORING FAITH**

The Rev. Larry and Carol Ann Ravert had a full house for their Cooper School class *Christianity and World Religions*. Participants in the six-week multimedia study discussed answers to common questions about other religions -including why we should believe the claims of Christianity over those of other faiths.

**WELCOME REPORT****New members and baptism**

We welcome Hohman and Meredith Finney who joined Oct. 4 by transfer from another Methodist church.

We also rejoice with Hohman and Meredith on the baptism of their son, Frazier Bentley, on Oct. 4.

**PRAYERS**

(Names will remain on the prayer list for two weeks. To extend, call 214.368.1435, ext. 104.)

**Deaths**

- Randy Gibbons, brother-in-law of Jill Starr and uncle of Anna, Sara and Emily, on Oct. 21.
- David Kennington, husband of Dorothy, on Oct. 27. Services will be at noon on Saturday, Oct. 31 at the church.

**In the Hospital - Tom Anderson****Prayer Requests**

Adam Klugiewicz, son of Greg Klugiewicz; Annie Althoff, friend of Beth Hosch; Bethany Dean, daughter of David Dean; Betty Lang, stepmother of Joe Lang; Bob Shaw; Bruce Utkov, brother of Gary Utkov; Cindy Bartkoski, friend of Yvette LaCroix; Edna Chambers, mother of Mark Chambers; Gary Isaacs; Homer Jones, father of Mary Jacobs; James Grant, brother of Laurie Lang; Jarvis, nephew of Constance Harp; Joe Ward, uncle of Matt Blum; Judy Likkell, mother of Erin Byxbee; Julie Fry, sister of Pam Dean; Kendall Hill, father of Tiffany Luedtke; Kyle and April Humke, friends of Cheryl Roden; Laura Gibbs, niece of Gay Iglehart; Layden Stroud, friend of Lu and Tommy Turner; Linda Rudy, aunt of Lydia Rudy; Marian Sherwood, daughter of Frannie Newsome; Marsha and Lewis Gibbons, mother and step father of Hohman Finney; Marsha Tanner, friend of Linda Durbin; Martha Ann Adams, sister of John Jackson; Mary Alice Williams and Pat Haywood, sisters of Virginia Wiley; Shannon and Shawn Catlett, friends of Johnetta Burke; and Wanda Knight and Ann Weaver, sisters of Blue Harris and aunts of Paige Flink

**UMW Circle Meetings for November****Circle 1**

Leader: Diane Williamson  
Date: Monday, Nov. 9  
Time: 10 a.m.  
Place: Home of Toni Terry  
2717 Lovers Lane  
Program: Blair Thompson

**Circle 2 and Circle 3**

Leaders: Cathy Ogden and  
Kathy Krueger  
Date: Monday, Nov. 9  
Time: 10 a.m.  
Place: Church Parlor  
Program: Jeff McCormick

**Circle 5**

Leader: Kelli Sander  
Date: Monday, Nov. 2  
Time: 7 p.m.  
Place: Home of Beth Fitzgerald  
10417 Hedgeway Dr.  
Program: Blair Thompson

**Circle 6**

Leader: Savannah McClure  
Date: Monday, Nov. 2  
Time: 7 p.m.  
Place: Church Parlor  
Program: TBA