

SATURDAY

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.

1 Thessalonians 5:16-18 (New King James Version)

Give God praise for any day well spent.

Susanna Wesley

Rejoice. Pray. Give thanks. Always. Without ceasing. In everything.

When has this been challenging for you?

When has it been easy?

*“Teach us to pray ...”
June 24-30*

SUNDAY

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Matthew 5:6 (New International Version)

What are the “hungers” in your heart?

What is your spirit “thirsty” for?

This week, when you eat or drink, ask God to reveal your most basic “hunger and thirst.”

Ask God to make you hungry and thirsty for God’s own righteousness:

MONDAY

My child, if you **accept my words**
and **treasure up my commandments** within you,
making your ear attentive to wisdom
and **inclining your heart** to understanding;
if you indeed **cry out** for insight,
and **raise your voice** for understanding;
if you **seek** it like silver,
and **search** for it as for hidden treasures—
then you will understand the fear of the LORD
and find the knowledge of God!

Proverbs 2:1-5 (New Revised Standard Version)

My thoughts and questions about this promise are ...

FRIDAY

But if from there you will seek (inquire for and require as necessity) the Lord your God, you will find Him if you [truly] seek Him with all your heart [and mind] and soul and life. When you are in tribulation and all these things come upon you, in the latter days you will turn to the Lord your God and be obedient to His voice.

Deuteronomy 4:29-30 (Amplified Bible)

Thoughts? Questions? Prayers? Ponderings?

TUESDAY

Where do you search for God?

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.

Jeremiah 29:11-13 (Today's New International Version)

What helps you listen for God? And what makes it hard to listen for God? (And what are you gonna do about that??)

What are your hopes ...

For yourself?

For your family?

For our church?

For our community?

For God's world?

WEDNESDAY

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles 7:14 (TNIV)

“Humility is giving up the terrible burden of having to have your own way.” Richard Foster, *Celebration of Discipline*

What does it look like for you to humble yourself?

THURSDAY

O God, you are my God;
I earnestly search for you.
My soul thirsts for you;
my whole body longs for you
in this parched and weary land
where there is no water.
I have seen you in your sanctuary
and gazed upon your power and glory.
Your unfailing love is better than life itself;
how I praise you!
I will praise you as long as I live,
lifting up my hands to you in prayer.
You satisfy me more than the richest feast.
I will praise you with songs of joy.

I lie awake thinking of you,
meditating on you through the night.
Because you are my helper,
I sing for joy in the shadow of your wings.
I cling to you;
your strong right hand holds me securely.

But those plotting to destroy me will come to ruin.
They will go down into the depths of the earth.
They will die by the sword
and become the food of jackals.
But the king will rejoice in God.
All who trust in him will praise him,
while liars will be silenced.

Psalm 63:1-11 (New Living Translation)