

Should I give Food or Money?



NDSM Puts BOTH to good use!

NDSM's food assistance programs are unique. Rather than providing a standard "grocery bag" of staples. NDSM's clients choose from a variety of healthy, nutritious foods – up to \$250 worth for a family of five.

Every \$1 NDSM spends = \$3 to \$12 that you spend at a grocery or warehouse store. Because of our buying power and special relationships, NDSM can stretch every dollar to obtain many basic items. We really leverage your contribution!

Unfortunately, there are some items we cannot obtain at a discount. So your donations of these items help us to stretch our budget and provide more variety for our clients.

We currently could use the following items:

- | | | |
|--|--|---|
| <input type="checkbox"/> Saltine Crackers | <input type="checkbox"/> Chili | <input type="checkbox"/> 64 oz can Juice |
| <input type="checkbox"/> Canned Peaches | <input type="checkbox"/> Beef Stew | <input type="checkbox"/> Ramen Noodles |
| <input type="checkbox"/> Canned Mixed Fruit | <input type="checkbox"/> Canned Mixed Vegetables | <input type="checkbox"/> Canned Spaghetti Sauce |
| <input type="checkbox"/> Canned Pineapple | <input type="checkbox"/> Canned Soups | <input type="checkbox"/> Canned Pears |
| <input type="checkbox"/> Canned or dry Pinto Beans | | |

Thank you for your kindness and generosity!

NDSM provides food to over 8,000 people every week

NDSM provided \$1,643,758 in food assistance in 2016 to 37,860 adults and children

NDSM is 501 (c) (3) non-profit organization



North Dallas Shared Ministries
Life - Health - Education

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